

*śrīḥ*

*śrīmate nigamāntamahādeśikāya namaḥ  
śrīmān veṅkaṭanāthāryaḥ kavītārkikakesarī  
vedāntācāryavāryō me sannidhattāṃ sadā hr̥di* ॥

॥ *nārāyaṇopaniṣat* ॥

*This document\* has been prepared by*

***Sunder Kidāmbi***

*with the blessings of*

***śrī raṅgarāmānujamahādeśikan***

**His Holiness *śrīmad āṇḍavan* of *śrīraṅgam***

---

\*This was typeset using L<sup>A</sup>T<sub>E</sub>X and the **skt** font.

śrīḥ  
śrīmate rāmānujāya namaḥ

## ॥ nārāyaṇopaniṣat ॥

om atha puruṣo ha vai nārāyaṇo 'kāmayata prajāḥ sṛjeyeti | nārāyaṇātprāṇo jāyate | manah sarvendriyāṇi ca | khaṃ vāyurjyotirāpaḥ pṛthivī viśvāsya dhāriṇī | nārāyaṇādbrāhmā jāyate | nārāyaṇādrūdro jāyate | nārāyaṇādindro jāyate | nārāyaṇātprajāpatayah prajāyante | nārāyaṇādvādaśādityā rudrā vasavassarvāṇi ca chāndāṃsi | nārāyaṇādeva samūtpadyante | nārāyaṇe prāvartante | nārāyaṇe prālīyante ॥

om atha nityo nārāyaṇaḥ | brahmā nārāyaṇaḥ | śivaścā nārāyaṇaḥ | śakraścā nārāyaṇaḥ | dyāvāpṛthivyau cā nārāyaṇaḥ | kālaścā nārāyaṇaḥ | diśaścā nārāyaṇaḥ | ūrdhvaścā nārāyaṇaḥ | adhaścā nārāyaṇaḥ | antarbahīścā nārāyaṇaḥ | nārāyaṇa evēdaṃ sarvam | yadbhūtaṃ yacca bhavyam | niṣkalo nirañjano nirvikalpo nirākhyātaḥ śuddho deva ekō nārāyaṇaḥ | na dvitīyo 'sti kaścit | ya evaṃ veda | sa viṣṇureva bhavati sa viṣṇurēva bhavati ॥

omityāgre vyāharet | nama iti paścāt | nārāyaṇāyetyūpariṣṭāt | omityekākṣaram | nama iti dve akṣare | nārāyaṇāyeti pañcākṣarāṇi | etadvai nārāyaṇasyāṣṭākṣaram padam | yo ha vai nārāyaṇasyāṣṭākṣaram padam adhyeti | anapabravassarvamāyureti | vindate prajāpatyaṃ rāyaspoṣam gaupatyam | tato 'mṛtatvamaśnute tato 'mṛtatvamaśnūta iti | ya evaṃ veda ॥

pratyagānandaṃ brahma puruṣaṃ praṇavāsvarūpam | akāra ukāra makāra iti | tānekadhā samabharattadetādomiti | yamuktva mucyāte yogī janmasaṃsārabandhanāt | om namo nārāyaṇāyeti māntropāsakah | vaikuṇṭhabhuvanālokam gamiṣyati | tadidaṃ

paraṃ puṇḍarīkaṃ vijñānaghanam | tasmāttadidāvanmātram |  
brahmaṇyo devākīputro brahmaṇyo mādhusūdanom | sarvabhūta-  
sthamekāṃ nārāyaṇam | kāraṇarūpamakāra pārabrahmam | eta-  
datharva śirōyo'dhīte | prātarādhīyāno rātrikṛtam pāpāṃ nāśa-  
yati | sāyamādhīyāno divasakṛtam pāpāṃ nāśayati | mādhyandi-  
namādityābhimukhō'dhīyānaḥ pañcapātakopapātakātpramucyate |  
sarva veda pārāyaṇa pūṇyam labhate | nārāyaṇasāyujyamāvāpno-  
ti nārāyaṇa sāyujyamāvāpnoti | ya évaṃ veda | ityúpaniṣát ||

|| iti nārāyaṇopaniṣat ||